

Author:	Hayley Dawson and Lucy Lawrence	Date:	23/09/2013
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Brief profile / background of Family

Include priorities for referral criteria

Two parents and four children – two girls aged 9 years and two years, and two boys aged 6 years and 5 years. Mum made a self-referral for the family as she recognised they were struggling financially and with relationship issues.

Main issues on referral:

RELATIONSHIPS:

Mum felt her relationship was breaking down and was struggling with the pressure of managing the family without an appropriate level of support from her partner. Parents struggling to manage son's behaviour.

LIVING AND ACCOMMODATION:

Support was required to tackle organisation and de-cluttering of the family home as well as addressing rent arrears and other debt.

EMOTIONAL/PHYSICAL HEALTH:

6 year old son had been diagnosed with ADHD but school suspected there may be other issues so was awaiting a consultation with a paediatrician.

Mum required support to increase her emotional well-being and resilience.

EDUCATION/EMPLOYMENT/ASPIRATIONS:

Adult male, unemployed for nine months due to sickness. Aim to return to work to reduce worklessness poverty within the family.

17 yr old male who was part of the extended family and lives at home with his maternal father. Unlikely to progress into any further education, training or employment following a college course and seeking advice and guidance regarding options post 16.

Current performance and activity (who was involved, what was done and how was it achieved)

Partnership working

The Garage' for 17 year old to engage in positive activities.

Money Advice and Budgeting Service to assist with rent arrears and debts.

Bluebell Primary School regarding support of the younger siblings within the family.

Children Services (Closed) involved after assault on daughter by Dad.

Autism Anglia to assist with support regarding methods to deal with son's ADHD and resulting behaviour.

Health visitor regarding care of youngest child within the family.

Midwife regarding current pregnancy of Mum and Dad.

Strong Roots to arrange for positive activities Mental Health Team regarding referral for Mu				
What were the demonstrable Impacts (describe what the impact has been on outcomes for children,				
young people, parents and carers to date and how this can be evidenced)				
Increased attendance at school	Support family in transition to school for 8 year old. Access Nursery for 2 year old.			
	Promote good communication and engagement with school.			
Reduce antisocial behaviour	Father was arrested in September 2012, for assaulting. Child Protection Conference called, Initial Child Protection Conference in November 2012, Outcome Child in Need. Step down from Child in Need, decision made at Child in Need meeting. 28.02.13, CAF initiated. CAF continues,			
	Support given to promote positive communication between parents.			
	Support given to develop reflective parenting style.			
	Referral to Strong Roots for mum – counselling and support in attendance.			
	Supported referral to mental health services for Mum to access and attend emotional regulation group.			
	Support given to improve condition of the property.			
	Support given to increase safety in the home.			
	Support given to ensure family are not evicted due to non payment of rent.			
Reduction of worklessness benefit	17 yr old has secured a 2yr full time college course at City College Norwich in Performing Arts preventing the young person from claiming a worklessness benefit.			
	Father of family has engaged in Adult Advice services and attended an appointment at the Job Centre with the Disability Adviser regarding opportunities for returning to work.			
	Has created a CV and been successful with applying for a vacancy and reaching the interview stage of the application process.			
	Support given to the family to access appropriate benefits.			

What now happens differently for children, young people and families as a result of your actions. What were the outcomes?

As 17 yr old male remained in education and his maternal father can continue to claim Child Benefits and Child Tax Credits and reduce in work poverty as he is only in part time employment.

Gained useful skills in job seeking on the internet and access to the local library ICT.

Father of the family has moved from being unemployed to being work ready with a healthy CV to show to future employers.

Referral to Job Centre to engage in the 'Get Britain Working' campaign to gain a two work experience placement.

Parents have been able to develop a reflective approach to their parenting which has enabled them to attune to the children's individual needs. Communication between the parents and the children has been more positive, calmer and clear. This has resulted is a calmer warm environment where the children feel comfortable and confident to be themselves.

Mum has engaged well with support from the emotional regulation group and her low mood and anger outbursts have reduced. Mum is much more able to manage her feelings and is finding ways and strategies to support herself.

The family have reduced their rent arrears from £1521.23 in September 2012 to £1182.51 in September 2013. The parents have engaged with support from MABS to make rent payments and to manage their debts, aiming to be debt free within five years. The family need to ensure that these payments continue to be paid as their tenancy is still at risk due to the high level of rent still owed.

The parents have been committed to work together to resolve the differences between them and have been getting on well together. The parent's relationship is supportive and their communication is much improved. They are secure and calm.

The parents and the children are looking forward to the arrival of their baby. The parents know what they need to do to prepare for her arrival and have the skills to be able to manage this well.

Future developments (how these will be achieved and how potential outcomes for children, young people, parents and carers will be delivered)

Positive engagement with 17yr old to remain in education and engage in positive activities at the Garage to increase his confidence which will support him to sustain his course at college.

Created a CV to seek part-time employment or volunteering opportunities.

Father is equipped with the skills to seek work independently.

The family will still receive support from appropriate agencies through the CAF meetings.

The families unit will continue to offer once a week phone call, as part of the closure process.