



Case Study – Families

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Brief profile / background of Family

- Referral received from statutory service for a family of five, two parents, 2 daughters aged 17 and 7 years and a son aged 5 years.

Family have been benefit dependant with neither parent having ever been in employment. Older sibling also unemployed with a criminal record and 17yr old daughter had just finished college with no post 16 options. She has a diagnosis of ADHD which is an identified barrier to employment. Difficult relationship between mother and 17 year old daughter who was under Child Protection Plan under the category of emotional abuse. At time of referral daughter was living with maternal grandmother due to breakdown of relationship with parents.

Main issues on referral:

RELATIONSHIPS:

Mum and 17 year old daughter have a difficult relationship with mum saying she struggles to be around her. Daughter seems confused about her sexuality and mum has found worrying photos on her mobile.

LIVING AND ACCOMMODATION:

Issues with routines within the family. Eldest daughter goes into rages that can last for hours and impact on her younger siblings who are starting to copy this behaviour. Eldest daughter can sometimes be rough with her younger siblings which causes upset within the household.

EDUCATION/EMPLOYMENT/ASPIRATIONS:

17 year old was attending Red Balloon, a school for children who have suffered bullying in mainstream schools. This had caused her to not attend school for a period of time. She had aspirations to attend City College and gain further qualifications but did not feel supported by her family.

PHYSICAL/MENTAL HEALTH:

17 year old daughter suffered from ADHD but did not always take her medication. Mum was diagnosed with depression for which she was prescribed medication. She also suffered from arthritis in her spine.

POLICE INVOLVEMENT:

An older sibling had recently been released from prison after serving a sentence for a serious violent assault on a stranger. He was living with a grandparent.

PARENTING ISSUES:

Mum and dad required advice around boundary setting for the children and help with routines within the home.

Current performance and activity *(who was involved, what was done and how was it achieved)*

- Partnership working

Catton Grove Primary School regarding support and progress of the two younger children.
 City College regarding further education possibilities for 17 year old.
 ADHD Nurse to aid better control of 17 year old's ADHD.
 Children's Services – then family were supported through the Common Assessment Framework process whereby professionals involved with the family worked together to provide a structure to assist with improvements to the situation.
 Witness Care Officer as Dad and 17 year old received instruction to attend court regarding an incident they had both witnessed.

What were the demonstrable impacts *(describe what the impact has been on outcomes for children, young people, parents and carers to date and how this can be evidenced)*

Increased attendance at school	<p>Supported 17 year old to complete Level 2 Course at City College.</p> <p>Supported 17 year old with opportunities following college.</p> <p>Younger children are engaged in school, and family are more positive about education and the benefits of working.</p>
Reduced antisocial behaviour	<p>17 yr old had been involved in crime - sustaining a full time college course will reduce this.</p> <p>Supported 17 year old to build positive relationships.</p> <p>Supported 17 year old to identify ways to manage conflict.</p> <p>Supported 17 year old to identify ways to reduce conflict.</p> <p>Supported 17 year old with managing friendships.</p>
Reduction of worklessness benefit	<p>Worked with 17yr old to explore options for employment and training and assisted young person to create a CV.</p> <p>Completed a five day Bronze Award at the Garage.</p> <p>With this added confidence started a two week work placement in a busy city centre shop and shortly after signed up for the 12 week Princes Trust Team programme. This is a recognised college course.</p>

What now happens differently for children, young people and families as a result of your actions. What were the outcomes?

17 year old has raised aspirations around employment and training. Work experience has increased her confidence and enhanced her CV. Attending the Art Award at the Garage resulted in a recognised qualification and increase in positive activities and she has continued to engage in additional sessions at the Garage.

17 year old will not make a claim for worklessness benefit as she is engaged in full time education.

Currently the children needs' can be met under the CAF process.
 This follows Children's Services involvement from Child Protection, May 2012, to Children in Need, February 2013, to step down to CAF.

17 year old spends increasing amounts of time with the family. She has been staying over at the family home for several nights at a time. 17 year old and parents continue to be able to manage spending increasing amounts of time together. They have found successful ways of managing difficulties together to ensure that this has not resulted in violence or major arguments.

Future developments (how these will be achieved and how potential outcomes for children, young people, parents and carers will be delivered)

- How will the family sustain their achievements

Young person to continue to attend the Princes Trust programme and benefit from additional support and advice offered to secure employment at the end of the programme.

Family continue to be supported by the CAF.